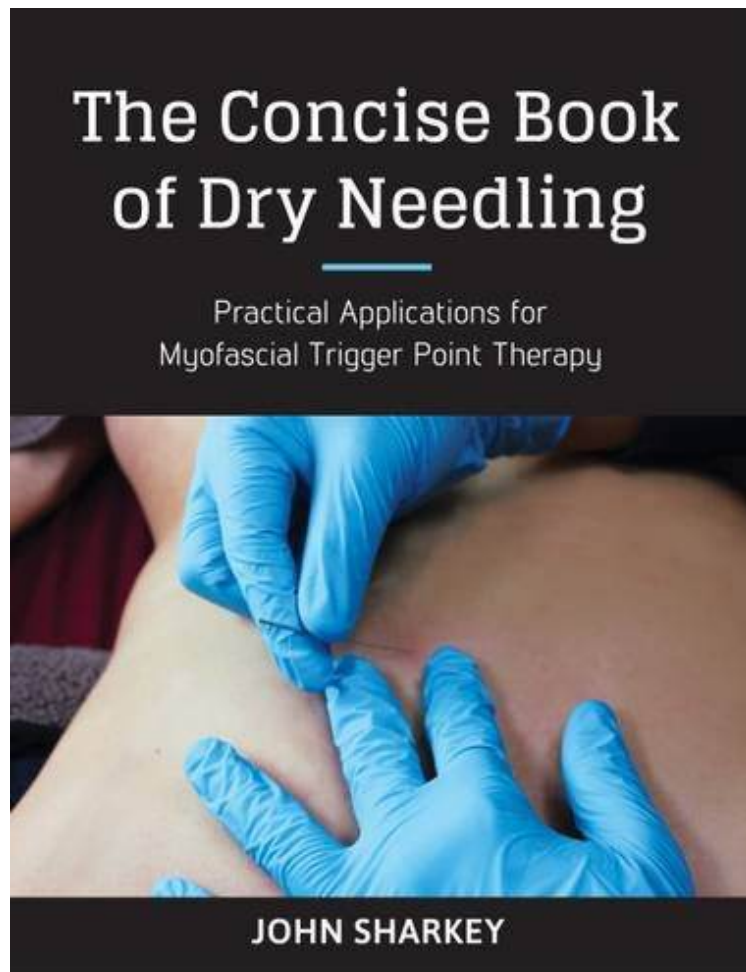


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The Concise Book of Dry Needling: A Practitioner's Guide to Myofascial Trigger Point Applications

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Dry needling is the ideal tool for a wide range of therapists involved in treating myofascial trigger points in adults This

book is written in a concise manner as a quick to hand reference guide regarding key issues around safe effective and appropriate dry needling It represents the ideal accompaniment to course notes and the perfect in office tableside reference guide The Concise Book of Dry Needling provides accurate and essential information for the identificat About the Author John Sharkey has been working in the bodywork and movement therapy profession for more than thirty years and is a respected international presenter author and accepted authority in the areas of clinical anatomy exercise science human movement

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